

Carola Björk  
Born 1979 in Stockholm, Sweden  
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Carola Björk's work could perhaps be described as conceptual archaeology. Or, a close-to-the-body practice that takes an interest in remains, impressions of various kinds; heritage. Her expressions are photography, sculpture, painting, installation, ready mades. It varies. Just like the materials she uses also vary. In early adolescence Carola lost contact with her mother, a separation that lasted for many years and influenced a fundamental need to understand the impact of a close relationship. Within her practice Carola reason around memory, care and emptiness.

### Education

2022 MA The Theory of Practical Knowledge, Södertörn University, Stockholm  
2020 BA Continental Philosophy, Södertörn University, Stockholm  
2019 MFA, Konstfack, Stockholm  
2016 Tokyo Zokei University, Tokyo  
2014 Öland Art School, Öland

### Guest lectures | Conference presentations

(upcoming) *Photographing stabilize inner emotional chaos and create resilience*. Scientific poster at "Avenues of Hope and The Power of Art", the 22nd Nordic Art Therapy Conference in Elverum, Norway, 9-12th of June 2024

*Lite-writing as a way to get in touch with emptiness*. Oral presentation at "Memory and Trauma International Conference" with London Center for Interdisciplinary Research. England, London. 3rd of December 2023

*Photographing stabilize inner emotional chaos and create resilience*. Scientific poster presented at the "International Conference on Art and Health" at MAAT — Museum of Art, Architecture and Technology. Portugal, Lisbon. 10th of November 2023

*My life making art*. Guest lecture on a personal process: the interconnection between everyday life events and art making. Department of Fine Arts – Painting Major (third-year students), Tokyo Zokei University. Japan. 25th of April 2019

*How to be living*. Guest lecture on the relationship between Japanese Buddhist philosopher Daisetz Suzuki and the Western philosophy existentialism. Department of Fine Arts (all master degree students), Tokyo Zokei University. Japan. 25th of April 2019

### Selected exhibitions

2024 (upcoming solo) Itoshima, Japan  
2023 *Sensommarsalong*, Hägerstensåsens Medborgarhus. Stockholm, Sweden  
2023 *Residency closing exhibition*, Galeria PADA. Lisbon, Portugal  
2023 *Stockholm Culture Night*, Stora Sköndals kyrka. Sweden  
2022 *Artists at work*, The International Cultural Center (NICC). Antwerpen, Belgium  
2022 *KP 2022*, Kunsthal Aarhus. Denmark  
2021 *Hjorten Sculpture Park 2021*. Stockholm, Sweden  
2019 *Reason-able Things*, MFA solo show Konstfack. Stockholm, Sweden  
2019 *Nameless (installation)*. Konstfack Degree show. Stockholm, Sweden  
2018 *Rabbit holes*, Platform Gallery. Stockholm, Sweden  
2017 *Elegy over self*, BFA solo show Konstfack. Stockholm, Sweden  
2017 *SPRING17*, Kunsthal Aarhus. Denmark  
2017 *This Room*, Galleri Majkens. Stockholm, Sweden  
2017 *Konstfack Degree show 2017*. Stockholm, Sweden  
2017 *Stockholm Culture Night*, ARTTEN. Sweden

- 2016 *Tweed + Into the Valley 2016*. Rättvik, Sweden
- 2016 *KP 2016*, Kunsthall Aarhus. Denmark
- 2015 *Art Future/Future Signs*, KUNO. Riga, Lettland
- 2015 *OpenArt 2015*. Örebro, Sweden
- 2015 *Det vi ännu tror oss kunna benämna*, CFF. Stockholm, Sweden
- 2015 *The Visitors*, Km of Sculpture. Voru, Estonia
- 2015 *Hide and seek*, Galerija Hladilnica. Maribor, Slovenia
- 2014 *Öland Art School Degree show 2014*, Kalmar Museum of Art. Kalmar, Sweden
- 2007 *Vårsalongen*, Liljevalchs. Stockholm, Sweden

### **Residencies**

- 2024 (upcoming) Studio Kura, Japan, October
- 2023 PADA Studios, Portugal, May-June
- 2020 BKN, Sweden, November
- 2017 Arteles Creative Center (Back to Basics). Finland, June

### **Grants**

- 2024 Stockholms stads kulturförvaltning
- 2023 Scandinavia-Japan Sasakawa Foundation
- 2022 Konstnärsnämnden
- 2020 Japanstiftelsen
- 2019 Scandinavia-Japan Sasakawa Foundation
- 2017 Nordic Culture Point
- 2016 Scandinavia-Japan Sasakawa Foundation
- 2015 Kuno, Mobility Support
- 2015 KoS, Mobility Support

### **Texts**

- 2023 *Det evigt pyrande*
- 2022 *The accursed intellect*
- 2020 *In-between Bodies*
- 2019 *About body-building*
- 2015 *Anatomiskt nu*