

Carola Björk
Born 1979 in Stockholm, Sweden
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Education

2022 MA The Theory of Practical Knowledge, Södertörn University, Stockholm
2020 BA Continental Philosophy, Södertörn University, Stockholm
2019 MFA, Konstfack, Stockholm
2016 Tokyo Zokei University, Tokyo
2014 Öland Art School, Öland

Parental leave 2021/2022

Guest lectures | Conference presentations

Resonant-state expansion. Art making enhance bodily presence which affect the feeling of being here, now. The starting point of compassionate actions. Scientific poster at "Resonance", the 16th SAR International Conference on Artistic Research in Porto, Portugal, 7-9th of May 2025

Photographing stabilize inner emotional chaos and create resilience. Scientific poster at "Avenues of Hope and The Power of Art", the 22nd Nordic Art Therapy Conference in Elverum, Norway, 9-12th of June 2024

Lite-writing as a way to get in touch with emptiness. Oral presentation at "Memory and Trauma International Conference" with London Center for Interdisciplinary Research. England, London. 3rd of December 2023

Photographing stabilize inner emotional chaos and create resilience. Scientific poster presented at the "International Conference on Art and Health" at MAAT — Museum of Art, Architecture and Technology. Portugal, Lisbon. 10th of November 2023

My life making art. Guest lecture on a personal process: the interconnection between everyday life events and art making. Department of Fine Arts – Painting Major (third-year students), Tokyo Zokei University. Japan. 25th of April 2019

A way of living. Guest lecture on the relationship between Japanese Buddhist philosopher Daisetz Suzuki and the Western philosophy existentialism. Department of Fine Arts (all master degree students), Tokyo Zokei University. Japan. 25th of April 2019

Selected exhibitions and performances

2025 (upcoming solo) Stockholm, Sweden
2025 Reading *Det slitna, Löshetens manifest* at "Stygn för stygn", Textival 31st of May, Gothenburg, Sweden
2025 Reading *Smältvatten, Det slitna, Löshetens manifest* at "Textur", Textival 29th of April, Gothenburg, Sweden
2024 *Residency closing exhibition*, Studio Kura. Itoshima, Japan
2024 *En bubbla spricker*, Boktryckarvägen 42. Stockholm, Sweden
2024 *Jubilee exhibition*, Centrum för fotografi. Stockholm, Sweden
2023 *Late summer salon*, Hägerstensåsens Medborgarhus. Stockholm, Sweden
2023 *Residency closing exhibition*, Galeria PADA. Lisbon, Portugal
2023 *Stockholm Culture Night*, Stora Sköndals kyrka. Sweden
2022 *Artists at work*, The International Cultural Center (NICC). Antwerpen, Belgium
2022 *KP 2022*, Kunsthall Aarhus. Denmark
2021 *Hjorten Sculpture Park 2021*. Stockholm, Sweden
2019 *Reason-able Things*, MFA solo show Konstfack. Stockholm, Sweden
2019 *Nameless (installation)*. Konstfack Degree show. Stockholm, Sweden

- 2018 *Rabbit holes*, Platform Gallery. Stockholm, Sweden
- 2017 *Elegy over self*, BFA solo show Konstfack. Stockholm, Sweden
- 2017 *SPRING17*, Kunsthall Aarhus. Denmark
- 2017 *This Room*, Galleri Majkens. Stockholm, Sweden
- 2017 *Konstfack Degree show 2017*. Stockholm, Sweden
- 2017 *Stockholm Culture Night*, ARTTEN. Sweden
- 2016 *Tweed + Into the Valley 2016*. Rättvik, Sweden
- 2016 *KP 2016*, Kunsthall Aarhus. Denmark
- 2015 *Art Future/Future Signs*, KUNO. Riga, Lettland
- 2015 *OpenArt 2015*. Örebro, Sweden
- 2015 *Det vi ännu tror oss kunna benämna*, CFF. Stockholm, Sweden
- 2015 *The Visitors*, Km of Sculpture. Voru, Estonia
- 2015 *Hide and seek*, Galerija Hladilnica. Maribor, Slovenia
- 2014 *Öland Art School Degree show 2014*, Kalmar Museum of Art. Kalmar, Sweden

Residencies

- 2024 Studio Kura, Japan, October
- 2023 PADA Studios, Portugal, May-June
- 2020 BKN, Sweden, November
- 2017 Arteles Creative Center (Back to Basics). Finland, June

Grants

- 2024 One year working grant, Swedish Arts Grants Committee
- 2024 Studio grant (2024-2026), Stockholms stads kulturförvaltning
- 2023 Travel grant, Scandinavia-Japan Sasakawa Foundation
- 2022 International exchange and travel grant, Swedish Arts Grants Committee
- 2020 Travel grant, The Scholarship Foundation for Studies of Japanese Society
- 2019 Travel grant, Scandinavia-Japan Sasakawa Foundation
- 2017 Nordic Culture Point
- 2016 Travel grant, Scandinavia-Japan Sasakawa Foundation
- 2015 Kuno, Mobility Support
- 2015 KoS, Mobility Support

Texts

- 2025 *Stilla mörka ensamman djup*
- 2024 *Mot sömlös form*
- 2023 *Det evigt pyrande*
- 2022 *The accursed intellect*
- 2020 *In-between Bodies*
- 2019 *About body-building*
- 2015 *Anatomiskt nu*